

Reflections: National PTA Arts Program

Theme: “Look Within”

Art Categories: Literature, Music Composition, Photography, Visual Arts, Film Production and Choreography/Dance. A Special Artist Division is available.

A Checklist for Success:

Before you begin:

- ***Visualize a **unique** interpretation of the theme: **Look Within**
- Put your interpretation into words and write it down – it can be a longer version of your artist statement (needed for Entry Form)
- Choose an art category

Create Your Entry:

- Review the category’s *Accepted forms or Considerations* in the Rules.
- Ask yourself “Am I portraying the theme in my work of art?”
- Name should NOT appear on the front of your entry, e.g., do not sign your visual art or write/type name under the Title for Literature entries

Note: if you need materials to create your entry, contact the Reflections Chair.

Prepare Entry for submission:

- Follow each statement under the *Submission Rules/Requirements* in the Rules.
- Student Entry Form:
 - Fill out Completely (except for PTA information in the box)
 - Give it a good title, do not use the Theme as the title
 - Artist Statement: edit “interpretation” to the required 100 words (or less)/make it meaningful
 - Student must sign the form and Parent/Guardian must sign the form if student is under 18.
- For Visual Arts and Photography, recommend placing entries in an art sleeve for artwork. (Available at Ben Franklin Crafts in Redmond.)
- Submit by the the deadline!

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For **Rules** and **Student Entry Form**,  
go to PTSA website/ **Programs** or **Reflections** on LWHS website, **Students/Families**

**Deadline for entries: October 25th in the office by 2:00pm**

**All grades and abilities can participate!**

**Questions? Contact the Chair at [reflections@lwhsptsa.org](mailto:reflections@lwhsptsa.org)**

Reflect on the Theme. Create an original work. Be Recognized.

